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| Name: mr.mahesh.p | Reg No: 8-9SMMHC18 |
| Age / Sex:28/m | Contact No:9742963854 |
| Marital Status:single | Date:29/9/18 |
| Occupation:software engg. Mtech automatic electrical. | Dr. PJFP |
| Address:  NATIVE OF WEST GODAVARI TANUKU. | DIAGNOSIS- |

1. FRONT SIDE HAIRFALL SINCE INTERMEDIATE NO GROWTH SINCE THEN. PREMATURE GREYING SINCE 2-3 YEARS COMING TO BENGALURU.
2. BLACKISH DISCOLORATION OF SKIN PIMPLE MARKS.
3. DARKENING OF SKIN.

OILY SKIN.

RX:

1. GRAPH30+BARYTA CARB30+THUJA30 4-4-4-4 WEEKLY 3 DAYS .
2. SIL 12X 4-4-4-4
3. ARNICAQ+STAPHYQ+ACID PHOSQ – 15 ML IN 100 ML OF OIL FR.
4. RUB 60 – 1 DOSE NT B/FOOD.

27/10/18: when oiling hair feels more fall. Whitening has reduced.

Rx:

1. GRAPH30+BARYTA CARB30+THUJA30 4-4-4-4 WEEKLY 3 DAYS .
2. Lyco200/medo1m – 5 doses – 1 dose 3 days once.
3. ARNICAQ+STAPHYQ+ACID PHOSQ – 15 ML IN 100 ML OF OIL FR.
4. RUB 60 – 1 DOSE NT B/FOOD.

24/11/18: hairfall little. White hair also better to large extent. More pimple tendency on the nose. And chin. But not severe. Very minimal.

Rx:

1. GRAPH30+BARYTA CARB30+THUJA30 4-4-4-4 WEEKLY 3 DAYS .
2. Lyco200/medo1m – 5 doses – 1 dose 3 days once.
3. RUB 60 – 1 DOSE NT B/FOOD.
4. Pentaphos 2-0-2
5. Nat mur 6x 4-4-4-4.

26/12/18: white hairs are there.

1. Rx: GRAPH200+BARYTA CARB200+THUJA200 4-4-4-4 WEEKLY 3 DAYS .
2. Lyco1m– 5 doses – 1 dose 3 days once.
3. RUB 60 – 1 DOSE NT B/FOOD.
4. Pentaphos 2-0-2
5. Nat mur 6x 4-4-4-4.
6. Berb aqQ+hamememilsQ+calendula 6c +calend Q- 20-0-20 drops wash face at the end in half mug water.
7. arnicaQ+staphysagriaQ+acid phosQ+jaborandiQ – 15 ml.in 200ml oil and apply alternate days.

8/2/19: frontal part is still bald.

Rx:

1. medorrhinum1m/lyco1m– 4-4-4-4 alternate weeks 4 days.
2. Enlacto tabs 2-2-2
3. Rub 30 – 1 tab night b/food.
4. Selenium 30 – disc 4-0-4.
5. Disc 4-0-4.
6. AlfalafaQ+ginseg Q 15-15-15 drops a/food.water.

15/3/19: hair growth improved.

Rx:

1. medorrhinum1m/lyco1m/Acid phos1m– 4-4-4-4 alternate weeks 4 days.
2. Enlacto tabs 2-2-2
3. Rub 30 – 1 tab night b/food.
4. Selenium 30 – disc 4-0-4.
5. Disc 4-0-4.
6. AlfalafaQ+ginseg Q 15-15-15 drops a/food.water.

13/4/19: hair growth still must improve. Premature graying reduced but still there. Hairfall not there.only while oiling its there a bit. Dandruff will be there. Wt: 80.7kg.

1. Nat mur200/lyco200/Acid phos200– 4-4-4-4 1 week.
2. Five phos 2-2-2 a/food.
3. Rub 30 – 1 tab night b/food.
4. Baryta carb 6c Disc 4-0-4.
5. phytolaccaB - bd